Low-income individuals and families face food insecurity even in the best of times, and these are not the best of times. Fortunately, some emergency programs have been put in place to make sure that low-income individuals and their families have enough to eat during this crisis. Pandemic EBT ("P-EBT") is one of these.1

Even though our physical doors are closed, we are still conducting intakes by phone. Please call our office at 401-274-2652 if you have problems or questions about SNAP (including P-EBT), Medicaid, SSI, Social Security, or other government benefits. Please leave us a message with your phone number and the best
WHO IS ELIGIBLE FOR P-EBT?

Children who get free or reduced price lunch at school in Rhode Island are eligible, even if they do not already receive SNAP. They do not need to be U.S. citizens. Their immigration status does not matter.

HOW DOES MY CHILD GET P-EBT BENEFITS?

You don’t need to apply! Children already on SNAP will automatically have extra money added to their EBT cards for 3 months.

Children not already on SNAP will each get a special P-EBT card to use. Cards will be mailed out in the name of each eligible child to the address on file with that child’s school. The cards should arrive in white envelopes (return address will be FIS) during the first two weeks of May. There is a phone number on the back of the card that parents must call to activate the card. Parents will need the EBT number on the front of the card, the home zip code, and the name and date of birth of the child on the card.

HOW MUCH ARE THE P-EBT BENEFITS?

Each child will receive $119.70 total for
March and April, and $74.10 for the month of June. This is to make up for the meals they would have had in school. Children have 3 months to use them.

**IMPORTANT**

It is safe to use the benefits on the new P-EBT card even if you are not a US citizen or legal resident. No information will be reported to immigration. Use of this card will not result in a “public charge” problem.

**GRAB and GO MEALS**

Children can get P-EBT and still get meals from Grab and Go sites. Meal sites and associated times and restrictions (who can pick up meals) can be found by clicking the button below.

[Food Sites for Children](#)

**RESOURCES TO HELP YOU**

We all know someone who has been impacted by this crisis. If you need help, our Providence office can be reached at 401.274.2652 and our Newport office can be reached at 401.846.2264. If you’d like to help, [donate here](#). Other helpful resources are available too. You are not alone.
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